

Event promoted for and on behalf of Cycling Time Trials under its rules and regulations



EASTERN COUNTIES

CYCLING ASSOCIATION

25 miles Time Trial

for Solos and 2 Up

to be held on

Friday 15th April 2022

Course E91/25 ~ Start at 8.00 am

Timekeepers

John Cottee and Peter Smith

Awards

SCRATCH: 1st: Boxed Medal. 2nd: Gilt Medal

WOMEN: 1st: Boxed Medal. 2nd: Gilt Medal.

TEAM: 1st Team of Three: Gilt Medals.

HANDICAP: 1st: Boxed Medal. 2nd: Gilt Medal.

2UP TT: 1st Team: Gilt Medals. 2nd Silver Medals

Only members of ECCA affiliated clubs are eligible for awards

Event Headquarters

Leaden Roding Village Hall, Stortford Road, Leaden Roding, CM6 1QX

Event Secretary: Leonard Gordon, 7 Cambridge Close, Langdon Hills, Basildon, Essex. SS16 6UW
Mobile: 07807 839204 Email: lengordon55@gmail.com

COURSE DETAILS E91/25

START (GR 593136) on B184, Leaden Roding, at Paint mark by 3rd Kerb joint before surface drain at northern end of lay-by at entrance to school. Proceed north through Aythorpe Roding to circle roundabout at junction with Clopton Hall Lane (5.5m). Retrace to Leaden Roding sign opposite start (11m), care when joining A1060 at Rab, pass through Margaret Roding, to circle roundabout at junction A1060 / Lordship Road Writtle (18.2m). Retrace to Leaden Roding to FINISH (GR 597128) 110 yards before (south) of 30mph sign with town sign and opposite a field entrance and sign, "Bends for 1Mile" (southbound).

Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard.

Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.

NO HELMET - NO LIGHT - NO RIDE

For full details of future ECCA events and results of past events and the season long competitions, go to www.easterncounties.org.uk where you will find this information plus lists of officials and member clubs. You will also see details of The Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

LONDON EAST LOCAL REGULATIONS

4.7 No Warming Up by competitors on the course once the event has started.

4.8.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.8.4 Static Trainers. In respect of consideration for local residents the use of static trainers, e.g. turbo trainers, is banned from all morning events held in London East District.

4.8.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

RIDERS' NOTES

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

No parking at either the start or finish, other than timekeepers. Parking is available at Event H.Q.

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet when returning their number, otherwise they may be recorded as DNF.

As there is a possibility of traffic lights being in place on the approach to the Clopton Hall roundabout the TT may switch to be run on the E91/15 course.

I will be checking the course Wednesday evening and will contact the riders if the traffic lights are present during this check.

See below for description of the E19/15.

START on B184 by Leaden Roding 30 mph sign opposite E91/10 start in school lay by. Proceed to roundabout and join A1060 . Continue to roundabout at Lordship Road, Writtle where turn and retrace to Leaden Roding where keep left at roundabout and continue to FINISH 55 yards short of left turn sign at Rectory Corner 15 miles

Solos						
No	Start	Name	Club/Team	Cat	Hcap	PB
1	08:01	David Jacobs	Southend Wheelers	V	30:06	*1:12:14
2	08:02	Ian Braybrook	Basildon CC	V	13:50	54:49
3	08:03	Paulina Mozal	Chelmer CC	W	27:25	1:09:22
4	08:04	Dean Lubin	Team Vision Racing - Silverhook	V	16:21	57:31
5	08:05	Paul Gribbon	Southend Wheelers	V	26:52	1:08:47
6	08:06	Graeme Garner	Essex Roads CC	V	15:57	57:05
7	08:07	Alan Harvey	Finsbury Park CC	V	26:15	1:08:07
8	08:08	Rob Chaplin	East London Velo	V	15:37	56:43
9	08:09	Jan Harvey	Southend Wheelers	WV	25:00	1:06:47
10	08:10	Edward Smith	Kettering CC	V	15:16	56:21
11	08:11	James Wicks	Essex Roads CC	J	24:56	1:06:42
12	08:12	David Pennington	Southend Wheelers	S	15:02	56:06
13	08:13	Michael Beaver	Athlon CC	S	17:32	58:47
14	08:14	Dan Jenkins	Southend Wheelers	V	13:07	54:03
15	08:15	Emily Knight	Bishop's Stortford CC	WE	24:13	1:05:56
16	08:16	Andrew Jarratt	**Southgate CC	S		*52:45
17	08:17	Jennie Page	Southend Wheelers	WV	24:42	1:06:27
18	08:18	Paul Turton	Team Vision Racing - Silverhook	V	10:54	51:40
19	08:19	Graham Lawrenson	Hainault RC	V	19:44	1:01:08
20	08:20	Michael Schofield	Bishop's Stortford CC	V	10:32	51:17
21	08:21	Philip Hodey	Shaftesbury CC	V	18:39	59:58
22	08:22	Matthew Seward	Athlon CC	S	10:10	50:53
23	08:23	Gillian Leech	Loose Cannon's Conditioning	WV	18:05	59:22
24	08:24	Peter Harding	Chelmer CC	V	10:03	50:46
25	08:25	Andrew Wenham	Shaftesbury CC	V	17:57	59:13
26	08:26	Sam Wightman	**Team Bottrill	V		50:20
27	08:27	Dan Walsh	Southend Wheelers	V	17:53	59:09
28	08:28	David Harding	Chelmer CC	V	9:11	49:50
29	08:29	Geoff Bores	Ford CC	V	20:49	1:02:18
30	08:30	Samuel Thienel	Hart Performance Coaching	S	8:55	49:33
31	08:31	Karen Aylen	Maldon & District CC	WV	21:54	1:03:27
32	08:32	James Jenkins	**Richardsons-Trek RT	S		49:15
33	08:33	Daniel Shanney	Redbridge CC	S	17:26	58:40
34	08:34	Jonny Allen	6AM Cycling	S	8:11	48:46
** = Club not affiliated to ECCA. Rider(s) not eligible for awards.						
* = PB calculated from other distances.						

2 Up TT

No	Start	Name	Club/Team	Cat
36	08:36	Matthew Currie	Athlon CC	S
37		Sam Swaysland	Athlon CC	S
38	08:38	Nicholas Palmer	CC London	S
39		Simon McCartney	CC London	V
40	08:40	Terry Garlinge	Easterley Road Club	V
41		Julia Freeman	Easterley Road Club	WV
42	08:42	Pete Dyson	East London Velo	S
43		Callum Stewart	East London Velo	S